



food@danebank

summer 2009

chill out

Sandwiches and Rolls – please add \$0.30 for bread rolls

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|--------------------------|--------|--|--------|
| • Plan roll (no butter) | \$0.60 | • Chicken, lettuce and mayo | \$3.50 |
| • Buttered bread | \$0.60 | • Chicken and salad | \$4.20 |
| • Vegemite | \$1.50 | • Ham and salad | \$4.20 |
| • Cheese | \$1.80 | • Tuna / Salmon and salad | \$4.20 |
| • Egg | \$1.80 | • Turkey, avocado and sprouts | \$3.70 |
| • Ham / Chicken | \$3.00 | • Turkey, avocado and cranberry | \$3.70 |
| • Tuna / Salmon / Turkey | \$3.00 | • Turkey and tomato | \$3.20 |
| • Salad | \$3.00 | • Ham, cheese and tomato | \$3.50 |
| EXTRAS – add | | • Avocado | \$0.50 |
| • Cheese | \$0.30 | • Lettuce, tomato, beetroot, carrots, sprouts, cucumber, pineapple, tomato sauce, sweet chilli sauce, sweet & sour sauce, mustard, curry or mayonnaise | \$0.20 |

Toasted Sandwiches and Savoury Muffins – Terms 2 & 3 only

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|--------------------------|--------|-------------------------------------|--------|
| • Cheese | \$2.00 | • Ham and cheese muffins | \$2.00 |
| • Cheese and tomato | \$2.20 | • Ham and tomato muffins | \$2.00 |
| • Ham, cheese and tomato | \$3.50 | • Ham, cheese and pineapple muffins | \$2.20 |

Wraps and Lavash

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|---|--------|-----------------------------|--------|
| • Salad | \$3.50 | • Chicken, lettuce and mayo | \$4.00 |
| • Daily gourmet specials (available over the counter) | | | \$4.50 |

Fresh Salads and Fruits

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|--|--------|---|--------|
| • Garden salad | \$3.80 | • Ham salad | \$4.00 |
| • Chicken salad | \$4.00 | • Seasonal fresh fruit salad | \$3.50 |
| • Pasta salad | \$2.50 | • Watermelon tub | \$2.50 |
| • Egg salad | \$4.00 | • Seasonal fresh fruit (piece apple/orange) | \$1.00 |
| • Cheese salad | \$3.80 | • Sushi Rolls – various days | \$2.50 |
| • Daily gourmet specials for Senior School and Staff only (available over the counter) – range up to | | | \$4.50 |

Yoghurt/Custard

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|---------------------|--------|-----------------------------------|---------------|
| • Double Up Yoghurt | \$2.50 | • Plain tub (small/large) | \$1.20/\$3.50 |
| • Ski fruit Yoghurt | \$1.80 | • Plain with fruit (small/large) | \$1.50/\$4.00 |
| • Rise Smoothies | \$3.00 | • Plain with muesli (small/large) | \$1.50/\$4.00 |
| • Dairy custard | \$1.20 | | |





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| • Macaroni Cheese | \$3.20 | • Meat Pie (lite) | \$2.20 |
| • Meat lasagne | \$3.20 | • Potato Pie (lite) | \$2.40 |
| • Vegetarian lasagne | \$3.20 | • Party Pie | \$0.80 |
| • Twister bolognaise | \$3.20 | • Sausage Roll (lite) | \$2.00 |
| • Spaghetti bolognaise | \$3.20 | • Chicken mini strips (5) | \$3.20 |
| • Ravioli | \$3.20 | • Chilli Chicken strips (3) | \$3.20 |
| • Pasta and tomato sauce | \$2.00 | • Chicken nuggets (6) | \$2.80 |
| • Meat nachos | \$3.50 | • Garlic / herb bread | \$1.00 |
| • Pizza Roundas | \$2.00 | • Cheese melts | \$1.00 |
| • Roast chicken drumsticks | \$2.00 | • Cheese and bacon rolls | \$1.40 |
| • Chicken and corn rolls | \$2.00 | • Hash browns | \$0.80 |
| • Vegetable Roll | \$2.20 | • Noodle Cups (seniors only) | \$2.50 |
| • Mini Pizza - bacon and cheese | \$2.00 | • Potato Smilies (6)/Gems (10) | \$2.00 |
| • Mini Pizza – hawaiian | \$2.00 | • Spinach/Ricotta Roll | \$2.20 |
| • Mini Pizza – supreme | \$2.00 | • Butter Chicken & Rice | \$3.50 |
| • Pizza Sub | \$2.50 | | |
| • Daily gourmet specials (available over the counter) | | | \$4.50 |

sometimes snacks

Munchies

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|-------------------------|--------|-----------------|--------|
| • Madeira cake (slice) | \$0.80 | • Rice Cakes | \$0.80 |
| • Small Muffins (range) | \$1.50 | • Rice Crackers | \$0.80 |
| • Sesame bar | \$1.00 | • PC Biscuits | \$0.50 |
| • Popcorn | \$1.20 | • Cookies | \$1.00 |
| • Vege Chips | \$1.00 | • Ovaleenies | \$0.80 |
| • School Fruit straps | \$0.80 | • Fun buns | \$1.50 |
| | | • Pretzels | \$0.80 |

Frozen Treats

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|--------------------------------|--------|---------------------------------|--------|
| • Minis (various flavours) | \$0.80 | • Billabongs (various flavours) | \$1.20 |
| • Fruit Stick | \$0.40 | • Milo Smooth | \$1.20 |
| • Frozen Juice Cups | \$0.80 | • Milo cup | \$1.50 |
| • Frozen Pineapple rings (Jnr) | \$0.30 | • Frozen custard cups (Jnr) | \$0.20 |
| • Moozies (milk or fruit) | \$1.20 | • Dixie cups | \$1.20 |
| • Frozen Yoghurt | \$1.50 | | |

thirst quenchers

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| • Just Squeezed juices (300ml) | \$2.20 | • Popper fruit juices (250ml) | \$1.50 |
| • Macquarie juices (200ml) | \$1.20 | • Pump Bottled Water | \$2.80 |
| • Sports Water (350ml) | \$1.60 | • Bottled water (sml/large) | \$1.50/\$2.00 |
| • Lipton ice tea (250ml) | \$2.00 | • Moove (300ml – Senior only) | \$1.80 |
| • Breaka Milk | \$1.40 | • Plain milk (300ml) | \$1.40 |

