

SENIOR SPORT AND PE POLICY

UNIFORM AND EQUIPMENT

- Danebank shorts and top
- Danebank track pants and jacket
- Grey hoodie
- Senior rugby jersey
- White socks
- Appropriate sports shoes such as joggers/sandshoes
- Danebank Sports bag
- Specialist sport uniform for all sports

For swimming

- Danebank swimsuit, house cap and goggles

Additional equipment

- Drink bottle and optional hat and sunscreen for WHS reasons
- Students who have medical conditions that require medication, such as asthma, are to ensure that they bring this medication to practical lessons
- Students with pre-existing injuries need to come prepared with their own supply of equipment to account for this injury. For example, strapping tape

NOTE: All clothing and equipment must be clearly labelled with the student's name. Any student not wearing the appropriate clothing, including shoes, will not be allowed to participate in the practical lesson.

EXPECTATIONS OF STUDENTS PARTICIPATING IN TRAINING OR SPORT/PE PRACTICAL LESSONS

All students are expected to arrive to Sport/PDHPE lessons changed and ready for the session.

- Students who have training before school and arrive by private transport are allowed to arrive in their sports uniform. It is their responsibility to ensure that they have all components of their School uniform with them to change into after training.
- Students who arrive by public transport are to travel to school in full School uniform and then change at school.
- Where there is no training before school, students must arrive in their full School uniform.
- Students are expected to change into their uniform in break times before SPORT or a PE lesson if that lesson is immediately after a break (before school, recess or lunch). For example, students who have SPORT in Period 1 and 2 or PE in Period 1 are to change into their sports uniform before school. For period 3, they change at recess, for period 5 at lunchtime.
- Students are not permitted to attend assembly and chapel in their PE uniform.
- All students are to change back into their School uniform before leaving school regardless of whether they are being picked up at the end of the day or are catching public transport home.

UNIFORM INFRINGEMENTS

- Students who do not wear their full PE/sports uniform and/or fails to bring a note explaining their non-participation in the practical lesson will receive a PE uniform infringement.
- Students who wear their PE uniform outside PE and Sports lessons will be in breach of the PE uniform policy and will receive a PE uniform infringement.
- Details of the administration of the uniform policy will apply.

NOTES FOR NON-PARTICIPATION

For students in Years 7 to 10, practical lessons are a compulsory component of the PDHPE syllabus and participation is essential to meet NESAs requirements. As such it is important for all students to take part in these lessons. In the exceptional circumstances where students cannot participate notes are to be provided by parents.

- The note from parents is to be addressed to the student's PE or SPORT teacher and given to them at the beginning of the lesson.
- These notes are to indicate clearly the date, student name, reason for non-participation, parent contact number and must be signed by a parent/guardian. Students who provide a note will not be allowed to participate in any form of physical activity in the lesson unless stated by the parent for minimal participation.
- For instances where students will not be participating for more than one lesson these notes are to include the estimated period of time that the student will not be participating. For example, days or week and a date



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when they will be able to return to physical activity date.

- Where this non-participation period is longer than 2 weeks, a medical certificate from a GP is required. (Medical certificates written by a family member cannot be accepted.)
- Parents may be contacted by the Head of PDHPE if their daughter is in danger of not meeting NESAs requirements for PDHPE due to lack of participation.

INJURIES

- Students are to report all injuries to the PDHPE teacher or Coach for Saturday SPORT before the conclusion of the lesson/ training/game to ensure adequate and accurate recording of the situation.

ADMINISTRATION OF UNIFORM POLICY

It is the responsibility of all students to follow the school's uniform policies.

If a student is in breach of a uniform policy (school or PE), where possible she will be spoken to and asked to rectify the problem. This will be entered by the teacher into the school's welfare system against the student's name and include the nature of the infringement.

Infringements for school uniform will be recorded separately to infringements for PE uniform. They will also be administered independently of each other.

On the second instance of breaching a uniform policy (school or PE), the student will be placed on a lunchtime detention. These will be administered via an assembly notice asking students to attend the appropriate detention venue.

On the third instance of breaching a uniform policy, a letter will be sent home to parents informing them of their daughter's breach of the uniform policy and as a consequence, the student will receive a formal afternoon detention. During these detentions students may be asked to perform some act of service to the school community.

Students who do not attend the lunchtime detention for breaching a uniform policy will be placed on a formal afternoon detention.